



# Renshinkan

Jiyushin-ryu Aikibudo  
Shinto Muso-ryu Jodo

気由  
錬心  
道流

- No practice will take place at the dojo without a black belt present *at all times*.
- \* Training on Sunday mornings and Friday evenings is available by *prior arrangement only*
- \*\* Shinto Muso-ryu training on Thursdays is available by *prior arrangement only*
- **Note:** Classes may occasionally need be cancelled due to unforeseen circumstances. Anyone wishing to observe a class should contact the dojo in advance to verify that class will be held that evening.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Aiki Budo*</b> 10:00 – 12:00 pm						<b>Shinto Muso-ryu</b> 8:00 – 10:00 am  <b>Sōji</b> (cleaning) 10:00 – 10:30 am  <b>Aiki Open Mat</b> 10:30 am – 12 pm
	<b>Aiki Budo</b> 5:30 – 7:30 pm	<b>Shinto Muso-ryu</b> 5:30 – 7:30 pm	<b>Aiki Budo</b> 5:30 – 7:30 pm	<b>Shinto Muso-ryu**</b> 5:30 – 7:30 pm	<b>Aiki Budo*</b> 5:30 – 6:30 pm	